Maryborough Little Athletics Centre

2024 Championship Day

Sunday 24th March 2024
Starts at 9:30am — finish around 1pm

Entries close Wednesday 20th March

Championships All athletes compete in their four favourite events throughout the day. Athletes receive place ribbons for each event.

Please return entries by Wednesday 20th March. You can register online by following the procedure on the reverse side of this form. Entries can also be returned to the office on Friday competition nights, text message to 0414 885 183 or via email to Maryborough@lavic.com.au.

AGM A brief Annual General Meeting will be held at the conclusion of events. All executive positions will be open for nominations and election. **These positions must be filled for the centre to continue operating.** General committee positions are also available for parents who wish to participate in the running of the centre. We encourage parents to become involved in the committee so that you can have a say in the way the centre is run.

Canteen The barbecue and canteen will be operating as usual throughout the day. This will be our last fund-raising event for the summer athletics season.

Presentations **Medals and certificates** will be presented. All athletes receive a certificate showing their season's best performance in each event. Medals are presented based on participation throughout the season.

Star Awards will be presented to athletes in each age group with the highest proportion of personal bests during the season. Overall Star Awards will be presented to top Girl and top Boy from the centre. Minimum 50% attendance required for medal or star award.

Please circle **four favourite** events and keep for your records.

U6	70	100			300				50H		LJ			SP	DISC	
U7	70	100	200		300				50H		LJ			SP	DISC	
U8	70	100	200		300			700W	60H		LJ		HJ	SP	DISC	
U9		100	200	400		800		700W	60H		LJ		HJ	SP	DISC	JAV
U10		100	200	400		800		1100W	60H		LJ		HJ	SP	DISC	JAV
U11		100	200	400		800	1500	1100W	80H		LJ	TJ	HJ	SP	DISC	JAV
U12		100	200	400		800	1500	1500W	80H		LJ	TJ	HJ	SP	DISC	JAV
U13		100	200	400		800	1500	1500W	80H	200H	LJ	TJ	HJ	SP	DISC	JAV
U14G		100	200	400		800	1500	1500W	80H	200H	LJ	TJ	HJ	SP	DISC	JAV
U14B		100	200	400		800	1500	1500W	90H	200H	LJ	TJ	HJ	SP	DISC	JAV
U15G/U16G		100	200	400		800	1500	1500W	90H	300H	LJ	TJ	HJ	SP	DISC	JAV
U15B/U16B		100	200	400		800	1500	1500W	100H	300H	LJ	TJ	HJ	SP	DISC	JAV
U17		100	200	400		800	1500	1500W	100H	300H	LJ	TJ	HJ	SP	DISC	JAV

Please return this bottom portion only. **Entries close Wednesday 20th March.**

Athlete name(s)	Age Group	Boy/Girl	Event 1	Event 2	Event 3	Event 4

All families (at least one parent — **NO EXCEPTIONS**) need to help. List of roles on reverse side.

Parent's name _____

☐ I/We would prefer to help at _____

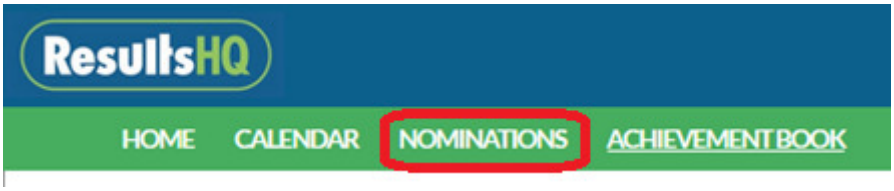
Roles

Straight Track
Starter
Marshall
Timekeeper
Recorder / Ribbons
Circular Track
Starter
Marshall
Timekeeper
Finishing Marshall
Recorder / Ribbons
Jump pit 1 - Long jump
Chief
Assistant
Recorder / Ribbons
Jump pit 2 - Triple jump
Chief
Assistant
Recorder / Ribbons
Shot put
Chief
Assistant
Recorder / Ribbons
Discus
Chief
Assistant
Recorder / Ribbons
Javelin
Chief
Assistant
Recorder / Ribbons
Canteen
9:00-10:45 assistant
10:45–12:30 assistant
BBQ
9:15–11:00 assistant
11:00–12:30 assistant
12:30–14:00 assistant

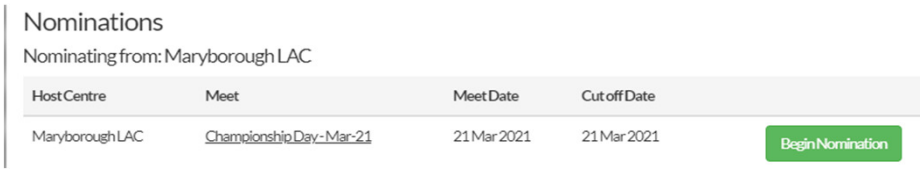
Online Entry Process

1 Login to ResultsHQ using your email address.
https://resultshq.com.au/
Use the **Forgot your Password** function to recover lost password.

2 Click **Nominations** on the top menu bar.



3 Click **Begin Nomination** button next to the **Championship Day-Mar-24** line.



4 Tick up to 4 events for each athlete and then click **Next** button.

5 Click **Next** button on the Summary page if you are happy with the events, otherwise click the **Edit** button

6 Change **Payment Method** to **Cash/EFT/Voucher** and then click the **Pay Cash/EFT** button. Please note that there is no charge and no requirement to enter credit card details.

7 You can **Print** the summary page which includes a list of the events entered.

You do not need to complete the manual entry form if you register online